RYEDALE CARERS SUPPORT

HEALTH AND SAFETY FOR VOLUNTEERS

- 1. Volunteers should report to the Chief Officer of Ryedale Carers Support any accident or dangerous occurrence which takes place whilst the volunteer is with a client, even if no injury occurs.
- 2. Every volunteer should have information stating the person to contact if a worrying situation occurs. Volunteers should not hesitate to seek help or advice if concerned.
- 3. In the event of a client falling, do not attempt to lift that person even if there is no sign of injury. Call for help immediately e.g. ambulance service. Make the person comfortable and keep them warm.
- 4. Hands should always be washed before and after preparing food, and food preparation surfaces should be wiped clean. Do not use any food you suspect is stale.
- 5. If you are suffering from a cold, flu or any other infectious illness do not visit an elderly person. Inform the carer and Ryedale Carers Support staff.
- 6. NEVER undertake nursing tasks of any nature. Volunteers are not allowed to administer medication.