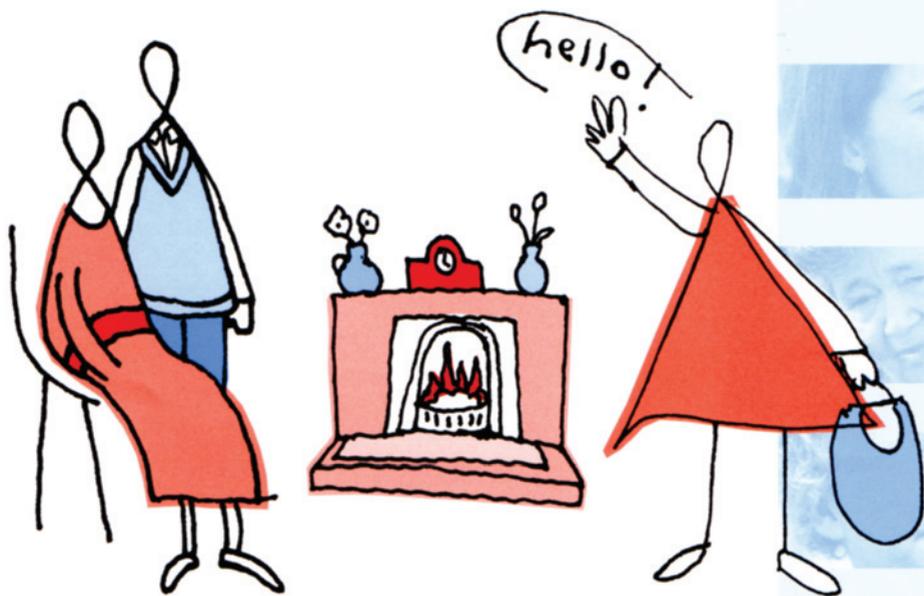


Ryedale Carers Support needs volunteers

Ryedale
Carers
Support

to help Carers to take a break



We need volunteers of all ages and varied experiences to sit with older people to enable their partner or family carer to have a little time off.

If you have an hour to spare each week or fortnight, we would like to hear from you. We pay all your travel expenses, you will not be asked to do any lifting or provide any medical or personal care...

...you would simply provide friendly and supportive company.

If you are interested in becoming a volunteer please call

Tel. 01751 432288

Ryedale Carers Support, The Old School, Tinley Garth, Kirkbymoorside, YO62 6AR
email: enquiries@ryedalecarers.org.uk www.ryedalecarers.org.uk

Ryedale Carers Support is an independent charity whose main funders are North Yorkshire Health and Adult Services and the York & North Yorkshire Primary Care Trust. Registered with CQC No.J530003011 Reg Charity No.1076716