

## CONTACT US

Can we help you?

Can you help us by volunteering?

Get in touch with our friendly team:

**T: 01751 432288**

(please leave a message if we are out)

**E: [enquiries@ryedalecarers.org.uk](mailto:enquiries@ryedalecarers.org.uk)**

**W: [ryedalecarers.org.uk](http://ryedalecarers.org.uk)**

The Old School  
Tinley Garth  
Kirkbymoorside  
York YO62 6AR

Ryedale Carers Support is an independent charity funded in part by NYC and a number of other national and local foundations and grant-making trusts.

*"Having a volunteer visitor allows me to have time to myself to do things that I would otherwise be unable to do."*

Charity number 1175552

Ryedale  
Carers  
Support



# RYEDALE CARERS SUPPORT

Reaching out ~ Connecting ~ Supporting



Through:

- Giving carers a break
- Monthly groups
- Company for those living alone
- Volunteering opportunities

Charity number 1175552

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## ABOUT US

Ryedale Carers Support is a local voluntary organisation and registered charity operating across the area still known to many as Ryedale. We are a small team who work in partnership with other local charities and alongside a fantastic team of volunteers to visit the many local people who we support.

## ABOUT OUR SERVICES

We provide social and emotional support to carers, the people they care for and people living alone who have few social contacts and would enjoy some extra company.

- **Volunteer visitors**

Our volunteers visit fortnightly or regularly for a couple of hours. This may enable a carer to have a break from their caring responsibilities, or offer companionship to someone living alone. This service is free and volunteer's expenses are met by the organisation.

- **Monthly groups**

We offer monthly events (both online and in-person) for people to relax, enjoy something different and connect with others. This includes a Carers Support Group, a Walking Group, Lythe Farmers Breakfast, online music and online walks. Contact us to find out what is currently available.

*Be the reason  
someone smiles  
today*



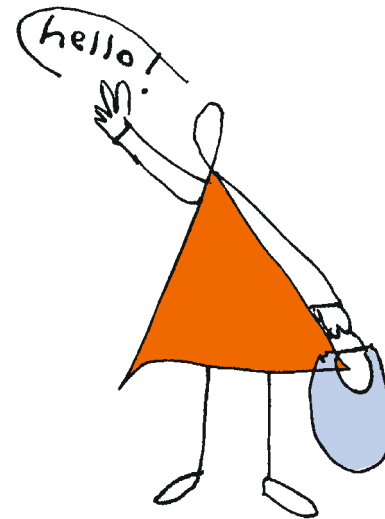
## BE A BUDDY

We rely on our valued volunteer team to visit people for respite and relaxation, or to drive people to our events. If you can spare some time on a regular basis and would like to be a buddy to someone local to you, we'd love to hear from you!

## FIND OUT MORE

Visit our website [www.ryedalecarers.org.uk](http://www.ryedalecarers.org.uk) for further information.

Follow us on Facebook for regular updates and news.



*We have agreed policies on confidentiality, equal opportunities and complaints. Please contact us if you would like copies.*