

KEEPING CONNECTED SPRING 2022

YOUR QUARTERLY NEWSLETTER FROM RYEDALE CARERS SUPPORT

The Old School, Tinley Garth, Kirkbymoorside, North Yorkshire, YO62 6AR (01751) 432288

Charity No: 1175552

Hello Everyone

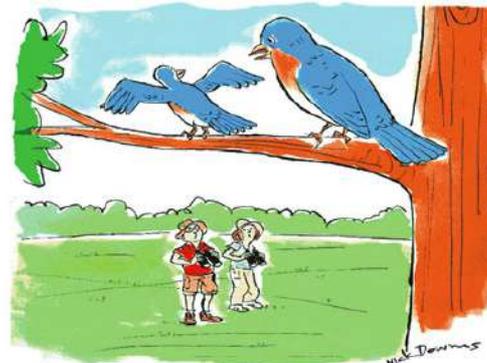
Welcome to our Spring 2022 newsletter. In the last edition, we asked for comments as we wanted to know that we were sending you something interesting and useful. We only had 2 or 3 comments so we are hoping no news is good news! Much of what we say in the newsletter is also relevant to the people you visit, so please do share it.

Would any of you like to try out a tablet? We have 3 IT tablets which can be loaned for up to 6 months. We can help with setting it up and one of the team or our IT volunteers can come to your house to help. Alternatively, if you think that the person you are visiting would like to have a tablet on loan, please let us know.

We hope you like this new look newsletter. We welcome any comments or ideas from you.

With very best wishes

Claire, Carol, Isabelle, Jacquie, Sam & Sarah



"Not yet. Don't fly off until the moment they raise their binoculars."

The bird-watching fans among us will be smiling in wry recognition at this scene!



YOU ARE CORDIALLY INVITED...

To make up for the postponement of our Christmas party in December and to thank you for all that you do, please join us for an afternoon of tea, scones and cakes plus musical entertainment from the Thornton Dale Ukulele players on Wednesday 25th May from 2-4pm at The Talbot Hotel, Malton.



Put it in your diary!

We will be writing to you soon with more details.

Home Sweet Home Quilts On Tour

Well, what a journey our quilts have been on! They have been on show in all the Ryedale libraries (Norton, Pickering, Helmsley, Kirkbymoorside, Malton) and then, by popular demand, moved to some libraries on the Coast (Filey, Derwent Valley Bridge and Newby & Scalby) ☺

We'd like to say a huge 'thank you' to Fiona Diaper, Outreach Librarian, who has arranged and transported the quilts to each of the libraries and to the Quilters Guild in York for loaning us their sturdy display stands.

We have received some fantastic comments from visitors to the libraries:-

'What a beautiful piece of art and crafting a joy to look at. You have inspired me to get my needles and thread out. Thank you for sharing.'

'Stunning surprise when I came in, spent ages looking at each piece. Very topical of the year and nice to see reciprocating emotions. I envy the skill of such neat pieces.'

One of our quilters told us: 'A friend of mine who is a volunteer librarian said she has been moved to tears by the stories. She also said that two ladies who came specifically to see the quilts, also joined the library. They had not been in a library since school days!'



Where next?

If you have any thoughts on any local groups or organisations that maybe interested in displaying the quilt, please do get in touch with us.



We're delighted that David Brewster, one of our stalwart volunteers and trustees, has been given the High Sheriff's Award in recognition of his good and valuable service to the community 😊 As many of you know, David is a very worthy recipient of this award as he is actively involved in a number of Ryedale charities including Ryedale Carers Support, Next Steps, Helmsley Walled Garden and Ryedale Special Families.

"A fantastic achievement and very well deserved. I've only been with Ryedale Carers Support for 14 months and the work David has done is amazing and inspiring.

Congratulations 😊" Sam B, Admin for RCS

"Congratulations David - lovely to see that you've been rewarded for all your hard work. Well done 🙌"

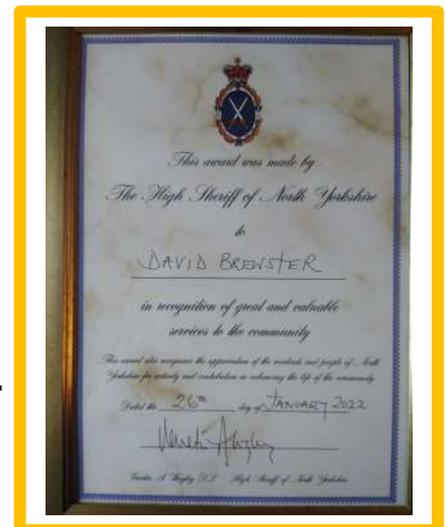
Liz, RCS volunteer

"A truly well deserved award for a truly amazing gentleman.

Well done David, I couldn't think of a better person to receive it. He must be very proud, just like we are of him !

Congratulations David"

Leisa from Next Steps





'If it had been any better, we wouldn't have got it. And if it had been any worse, we wouldn't have drunk it'

FROM PLOUGH TO PLATE: OUR LOCAL MEMORIES

Benny's humorous take on his memory of the 'small beer' given to farmhands back in the day was just one of many wonderful stories shared by those who came to our Food & Farming reminiscence workshops in North Ryedale for 3 sessions between October and January.

Fascinating local photos and resources from the North Yorkshire Record Office and local museums, together with engaging and informative presentations by Virginia Arrowsmith, meant that we all learnt something new as well as hearing each other's stories.

Tales of pig-keeping, rhubarb picking, rosehip gathering and hiring fairs kept us entertained and amused. Vintage artefacts to touch and Yorkshire fare to taste helped to give everyone a real 'feel' for how some things have changed - and others have not!



We will be running 3 Plough to Plate sessions for South Ryedale at Malton Rugby Club, starting on 29th April. Letters will be going out to clients in early March. Transport will be provided. Please let us know if you or the person you support would like to come along.



If you fancy a trip down memory lane in the meantime, Ryedale Folk Museum are running monthly reminiscence sessions at Pickering Library from 1st March: see our back page for details.

What's on @ Ryedale Carers Support

MARCH

Mon 7th: 1.30-3.30pm
Music @ Methodist Church,
Pickering with Matt Jones-Green

Tuesday 8th : 2-3pm
Virtual Walk with Davy Major

Monday 14th : 2-3pm
Virtual Walk with Alison McDermott

Weds 16th: 10-12/12-2pm
Volunteer Induction & Social
Malton Rugby Club

Weds 23rd:2.30-3.30pm
Zoom Singalong with
Bridgett Coussins & Phil Bennett

Tues 29th: 10am-2pm
Walking Group, ring for details

Tues 29th: 2-3.30pm
Carers Support Group: Take Time
Out to Relax with Jacquie Cole

APRIL

Monday 11th: 2-3pm
Virtual Walk with Jim Hall

Tuesday 12th: 2-3pm
Virtual Walk with Davy Major

Wed 20th: 2.30- 3.30pm
Zoom Sing along with Alison
Lawson & Sweet Martinis

Tues 29th: 10am-2pm
Walking Group, ring for details

Tues 26th: 2-3.30pm
Carers Support Group: Virtual
Walk with Rona Slator

MAY

Mon 9th: 1.30-3.30pm
Music @ Methodist Church,
Pickering with Flo & Jones

Mon 16th: 2-3pm
Virtual Walk with Jim Hall

Tuesday 17th: 2-3pm
Virtual Walk with Davy Major

Wed 18th: 2.30- 3.30pm
Zoom Singalong with Jane
Troughton, NY Music Therapy

Tues 24th: 10am-2pm
Walking Group, ring for details

Tues 24th: 2-3.30pm
Carers Support Group: Social at
Steam & Moorland Centre

Weds 25th: 2-4pm
Volunteer Thank You Cream Tea
with Thornton Dake Ukuleles
at The Talbot Hotel, Malton

INTERESTED? If you or the person you support would like to attend any of these sessions, please contact us for further information and to book places. We can offer support with getting onto Zoom.



USEFUL NUMBERS

Age UK Scarborough & District 01723 379058

CarersPlus Yorkshire 01723 850155

Dementia Forward 03300 578592

Next Steps 01653 690854

**North Yorkshire County Council Emergency
Duty Team** 01609 780780

Ryedale Carers Support 01751 432288

Ryedale Community Transport 01653 699059

Ryedale Talking Magazine 01751 476499

Samaritans 116 123

Scarborough, Whitby & Ryedale Mind
01723 356562

Sight Support Ryedale 01653 698860

**RYEDALE
FOLK
MUSEUM**

**In your
words**

Now then, fancy a natter?

Join us at Pickering Library as we take a trip down memory lane to reminisce about times gone by. Each month we will explore a different theme using objects from the Museum's collection.

These sessions are part of the University of Leeds, Dialect and Heritage project. Therefore we will be all ears, listening out for any Yorkshire (or other) words to add to our research.

Tuesday 1 March 2022
Tuesday 5 April 2022
Tuesday 3 May 2022

Pickering Library
Sessions run
10.30am – 12noon

Places are limited so please
contact Pickering Library on
01609 533624 or email
pickering.library@northyorks.
gov.uk to book.

Dialect
and Heritage
Project

Heritage
Fund
UNIVERSITY OF LEEDS

